

WEDNESDAY CONT'D

CRAFT FUN @ HOME

Increase positive engagement with your children through creating arts & crafts using only recyclable and sustainable materials found at home

- Georges Hall Public School - Pennington Ave, Georges Hall
- 16/5/18 - 6/6/2018 (4 sessions)
- 9:30am - 11:00am
- No childcare available
- Contact: Hanan 1300 254 657

DAD'S MATTER

Informative workshops for dads to learn about postnatal depression, communication skills, healthy relationships and accessing necessary services in the LGA.

- Bankstown Hospital - Antenatal Room - 68 Eldridge Rd, Bankstown
- 20/6/18 & 27/6/18
- 11:00am - 12:30pm
- Childcare available
- Contact: Edgee 1300 254 657

THURSDAY

PLAY THERAPY

Parents will gain effective skills and knowledge on the play approaches and methods to help foster positive and trusting relationships

- Canterbury Public School
- 14/6/18 - 5/7/18 (4 sessions)
- 9:30am - 11:00am
- No childcare available
- Contact: Wafa 1300 254 657

Ground Floor 58 Kitchener Parade,
Bankstown NSW 2200

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P: 1300 254 657 | **F:** 02 8713 7799

ME & MY BABY (CANTERBURY)

This group has been designed for parents to discuss how to engage, strengthen, foster abilities and communicate with their children.

- Local Cafe in Canterbury (TBA)
- 24/5/18 - 7/6/18 (3 sessions)
- 10:00am - 12:00pm
- No childcare available
- Contact: Wafa 1300 254 657

ME & MY BABY (BANKSTOWN)

This group has been designed for parents to discuss how to engage, strengthen, foster abilities and communicate with their children.

- Local Cafe in Bankstown (TBA)
- 3/5/18 - 17/5/18 (3 sessions)
- 10:00am - 12:00pm
- No childcare available
- Contact: Wafa 1300 254 657

FRIDAY

TRIPLE P (ENGLISH)

Positive Parenting Program designed to give you knowledge to help your children develop new skills that will equip them for life.

- Creating Links - 58 Kitchener Pde Bankstown
- 25/5/18 - 29/6/18 (6 sessions)
- 10:00am - 1:00pm
- Childcare available
- Contact: Amou 1300 254 657

SCHOOL HOLIDAYS

DRUMBEAT - YOUTH 13 - 17 YEARS

Drum therapy group that will enable youth with challenging behaviours to learn new ways of expression. A way for the children to reduce anxiety and build healthy relationships.

- Creating Links - 58 Kitchener Pde Bankstown
- 11/7/18 & 12/7/18
- 10:00am - 12:00pm
- Contact: Ngan or Edgee 1300 254 657

Creating Links

Communities for the future

Family Services

Term 2 Calendar - 2018



MONDAY

INDIGENOUS ALL STARS

A great program for Aboriginal primary school children to learn about their heritage, culture and relationships in a fun and exciting environment with other Aboriginal children

- Creating Links, 58 Kitchener Pde Bankstown
- 14/5/18 - 18/6/2018 (6 sessions)
- 3:30pm - 5:00pm
- No childcare available
- Contact: Monica 0422 636 792

DREAMTIME DANCE

FUN & EXCITING new program for young children aged 2-6 years who will learn about their Aboriginal culture through various interpretive dance techniques and styles

- Chester Hill Community Centre (Red Hall)
- 21/5/18 - 25/6/2018 (6 sessions)
- 10:00am - 12:00pm
- No childcare available
- Contact: Monica 0422 636 792

DAD'S MATTER

Informative workshops for dads to learn about postnatal depression, communication skills, healthy relationships and accessing necessary services in the LGA.

- Canterbury City Community Centre - The Cottage, 28 Croydon St, Lakemba
- 25/6/18 & 2/7/18
- 11:00am - 12:30pm
- Childcare available
- Contact: Edgee 1300 254 657

TUESDAY

CIRCLE OF SECURITY - YOUNG PARENTS (16-25YEARS)

Informative and educational parenting program that focuses on providing children emotional support to increase confidence and self-esteem.

- Women & Children's Community Hub (Jacob St, Bankstown)
- 5/5/18 - 03/7/2018
- 10:30am - 12:30pm
- Childcare available
- Contact: Ebony 1300 254 657

CIRCLE OF SECURITY (CHINESE PARENTS)

Informative and educational parenting program that focuses on providing children emotional support to increase confidence and self-esteem.

- TMN Office - L2 Room 2A, 40 Raymond St, Bankstown
- 8/5/18 - 12/6/2018 (6 sessions)
- 9:30am - 11:30am
- Childcare available
- Contact: Lan 1300 254 657

BRINGING UP GREAT KIDS

Specially designed program that uses ideas of mindfulness & reflection to support and enhance patterns of communication with their children.

- Creating Links, 58 Kitchener Pde Bankstown
- 15/5/18 - 29/5/2018 (3 sessions)
- 10:00am - 12:00pm
- Childcare available
- Contact: Kim 1300 254 657

TUNING INTO TEENS

Designed to help parents communicate with their teen while understanding how to help them manage their emotions and building stronger connections their teens!

- Creating Links - 58 Kitchener Pde Bankstown
- 5/6/18 - 3/7/18
- 10:00am - 12:00pm
- No childcare available
- Contact: Angela 1300 254 657

WEDNESDAY

MUSIC TIME WITH KIDS

A fun program for young children to develop their learning through music and building bonds with their parents.

- Greenacre Community Centre - 87 Waterloo Rd Greenacre
- 2/5/18 - 23/5/2018 (4 sessions)
- 10:00am - 11:30am
- No childcare available
- Contact: Lan 1300 254 657

CHILLED - ANXIETY REDUCTION GROUP

"Chilled" is an evidence-based skills program, to help young people better manage feelings of anxiety. Clear and practical skills will be taught across ten weeks, with two sessions being offered to parents. These skills are essential when building resilient and confident teens!

- Creating Links - 58 Kitchener Pde Bankstown
- 2/5/18 - 4/7/2018 (10 sessions)
- 3:30pm - 5:30pm
- No childcare available
- Contact: Alyssa 1300 254 657